

Guidelines for Oral Case Presentation

The purpose of case presentations is to provide opportunities for interactive group feedback. Prior to our meeting, organize information about the selected client and your experiences with him/her. You may share this information orally or in writing. Please plan to share a brief audio or video segment as part of your presentation. Your introduction and review of the tape should take 15 to 20 minutes. This will be followed by a time of group feedback and discussion.

Please include the following information in your case presentation:

A. Personal Data about Client

- Age, race, gender
- Family information/background
- Education/employment
- Pertinent medical information, if applicable
- Pertinent developmental information
- Information about the client's social context
- How client presents him/herself
- General impressions of the client
- Client's strengths and level of functioning
- Presenting problems (diagnosis if appropriate) Use DSM-5

B. Summarization of Client's Counseling History

- What led the client to seek counseling at this time?
- Number of sessions with client
- **A brief case conceptualization**
- Approaches used so far and their effectiveness
- Quantitative and/or qualitative assessments used thus far
- Cultural factors
 1. What multicultural variables are relevant to this person?
 2. What implications do those variables have on understanding the client?
 3. What are some themes or topics that characterize the effects the client's social, political, economic, and cultural background are likely to have had?
 4. How do those themes affect what is going on with the client currently?
 5. How would you describe the client's worldview? How have his/her strengths and challenges been shaped by that worldview and his/her cultural background?
 6. What are the treatment implications of this analysis?
- **A general treatment plan**

Two key elements that are especially important are the case conceptualization and your potential treatment plan.

C. Solicit Feedback

- What concerns do you have about this case?
- **What kind of help/feedback would you like from the group?**