The Vienna Theorists – Freud, Adler, Moreno, and Frankl
Summer 2012: Pamela Karr

June 24th – July 7th, 2012
Flow House – Vienna, Austria

Course Description
This course focuses on four of the leading theorists who founded modern counseling. The theories of the practitioners, Sigmund Freud, Alfred Adler, Jacob Moreno, and Viktor Frankl are examined in the context of the city where they initially formulated their clinical ideas. Students will visit historical sites and institutes in Vienna, receive instruction from local experts, and study original writings of each theorist.

Course Objectives
Through taking this course, students will become better acquainted with the lives of the theorists studied, their theories, and the influence of culture on the formulation of ideas. Specifically, the learners will be able to:

- Identify the similarities and differences between the four theories.
- Discuss the cultural and historical influences that shaped the lives and ideas of the four theorists.
- Develop and expand their appreciation for a culture and society outside of the United Stated (i.e., Austria).
- Explain the current practice of the four theories in Europe as well as the United States.
- Solidify working relationships.
- Examine the influence of culture and society on their lives and understand the impact of cultures and societies on the lives of clients.

Course Policies
There is no prerequisite for this course. Students will be expected to attend and actively participate in all classes. The learning in this course will take place through required readings; class presentations and discussions; guest lecturers; and visits to museums, a trip to Mauthausen Concentration camp and Melk Abbey; and in other historical and cultural settings.

Required Readings

Highly Recommended Reading

Team Presentations/Modules
Each team will be responsible for teaching about a theorist. The team will develop a learning module that outlines the key points of their presentation. They will conduct a class session that should last about two hours and prepare a 2-3 page handout. The team should give a pre-test about their subject and a multiple choice or short answer test on the material covered at the end of class. Creativity and in-depth delving into the theory are expected. See the master schedule attached for dates of the presentations.

**Team One:** Sigmund Freud.

**Suggested Resources Include:**
Freud, S. (1938) *The Basic Writings of Sigmund Freud*
Include such cases as “The Rat Man,” “Dora,” “The Wolf Man,” and particularly “The Interpretation of Dreams.”

**Team Members:** Paul, Leah, Milind

**Team Two:** Viktor Frankl.

Lead discussion about the assigned Frankl readings. Present additional information as an introduction to “Logotherapy.”

**Team Members:** Daniel, Lindsey & Tal & Tom

**Team Three:** Jacob Moreno.

**Suggested Resources Include:**

**Team Members:** Brittany & Kavitha

**Team Four:** Alfred Adler and Individual Psychology.

**Suggested Resources Include:**

**Team Members:** Corinne & Nicole
Written Assignments
Your participation in this course will be evaluated based on your classroom presentation of a theorist and two papers. The first paper is a 6-8 page personal reflection paper based on a journal kept while in Vienna. The paper should incorporate reflections on your experiences in Vienna including the presentations made by other students and outside experts as well as your reactions to the Austrian people and culture. Please include a section about how this experience contributed (or did not) to your own personal and professional growth.

The second paper is a 4-6 page research-based paper about the current status and use of the work of one of the therapists addressed in the course. The paper should include at least 4-6 journal references and be written in APA style.

The papers are due to Pamela Karr by August 2, 2012 and may be sent by email attachment to karrpr@wfu.edu.

Basis of Evaluation
Group Presentation 40%
Personal and Professional Participation 20%
Personal Reflection Paper 20%
Research Paper on a Theorist 20%
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<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>June 23: Saturday</td>
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<td>Travel to Vienna</td>
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| 24: Sunday |                | Arrive in Vienna  
Taxi to Flow House and Settle In by 6:00 pm  
Walking tour of the neighborhood, buy bus passes, try to buy breakfast items for Monday. Most stores closed!  
6:00 Dinner provided by Leaders  
Review Flow House Rules |
| 25: Monday | 10 am Afternoon | Bus and walking tour of Vienna  
Lunch out – Nashmarket  
Open: Buy groceries - tour or rest |
| 26: Tuesday | 9:00 - 11 11:00 -1 Afternoon | Class: Freud Presentation  
Class: Frankl Presentation  
Visit Freud Museum (On Own) Admission Fee: 4.50 -5 Euro  
*(See Directions Below)* |
| 27: Wednesday | 9 am – 12 pm Afternoon OR 9 am – 12 pm | Presentation on Logotherapy & Frankl *(Alex Vesely)*  
Visit with Mrs. Viktor (Elly) Frankl if she is available  
Frankl Museum/Back-Up Speaker on Logotherapy & Frankl |
| 28: Thursday | 7 am – 7 pm | Trip to Mauthausen and Melk Abbey by bus with instructor (Gabi Wiesshappel) |
| 29: Friday | 9 am – 10 10- 12 pm Afternoon | Leader: Process Bus trip  
Class: Moreno Presentation  
Open |
| 30: Saturday | All Day | Open |
| July 1: Sunday | All Day | Open |
| 2: Monday | All Day | Open |
| 3: Tuesday | All Day | Open |
| 4: Wednesday | 9 am – 11 am 12 pm – 1 pm Afternoon | Class: Adler Presentation  
Visit to Die Boje (Dr. Christine Koska)  
Open |
| 5: Thursday | 9 am – 12 pm Afternoon | Class: Psychodrama Workshop *(Christine Pichlhoefer)*  
Open |
| 6: Friday | 9 am – 12 pm Evening | Class: Wrap-up, Process, Compare and Review  
Farewell Dinner |
| 7: Saturday | By Noon | Leave Flow House |

*Directions to Freud Museum:*
40A Bus to downtown: Get off at Berggasse. See boudoir sign!  
Go left two blocks to #19 Berggasse on left side.